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ABSTRACT

How to build and support the Empowering School is explained. The Empowering School is one in which caring adults empower students to learn to hold meaningful jobs, to enjoy close relationships with caring adults, and to learn to communicate in positive ways. The Empowering School is also a center for social service. Part 1 of this book describes the problems teens face through real stories about teenagers in crisis. Part 2 discusses creating the Empowering School with step-by-step instructions for: (1) establishing the Empowering School team; (2) assessing the school's needs; (3) setting goals; (4) selecting the facilitator; (5) developing the program according to the school's needs; (6) training the team; and (7) putting the plan into action. Parent and community participation and peer helping programs are components of the Empowering School. Appendix A contains the handouts for assessment and training. Appendix B presents six related sample programs for smoking cessation, alcohol abuse, identification of and intervention with addicted students, eating disorders, alternative schools, and school crisis. Appendix C presents a sample proposal. (SLD)

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